

GUARDIAN ANNOUNCES OPTION GRANT

June 7, 2010

PRESS RELEASE FOR IMMEDIATE RELEASE

CALGARY, ALBERTA - Guardian Exploration Inc. (“Guardian” or the “Corporation”) (TSX Venture: GX), announced today that subject to regulatory approval, the Corporation has approved, effective June 4, 2010, the grant of an aggregate of 250,000 stock options to a director of the Corporation. The options, which are convertible into common shares of the Corporation, will have an exercise price of \$0.10, with vesting over a twelve-month period and will have a five year term to expiry.

Information about Guardian Exploration Inc.

Guardian Exploration Inc. is an Alberta-based oil and natural gas company. Guardian is engaged in the exploration for, and the acquisition, development and production of, natural gas and crude oil with emphasis on the shallow to mid-depth hydrocarbon prone zones of the western Canadian sedimentary basin in Alberta and northeastern British Columbia.

For further information please contact:

Graydon Kowal
President and CEO
(403) 269-5870

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