

## GUARDIAN ANNOUNCES MANAGEMENT CHANGES

TSX VENTURE EXCHANGE: GX

FOR IMMEDIATE RELEASE

**CALGARY, ALBERTA – May 25, 2006** – Guardian Exploration Inc. ("Guardian" or the "Corporation") (TSX Venture: GX) is pleased to announce the appointment of Mr. Lyle Whitmarsh, President of Trinidad Energy Services Income Trust (TSX: TDG-UN), as a new director. Mr. Whitmarsh brings more than 15 years of experience in the Western Canadian oil & gas exploration industry to the board of Guardian "We are delighted to have someone with Lyle's experience and knowledge on our team," said Graydon Kowal, Chief Executive Officer of Guardian. "His depth of knowledge and familiarity with oil & gas operations will be especially valuable in moving the company forward." Between 1987 and 2000, Mr. Whitmarsh was employed in an operational capacity with Champion Drilling (a division of Artisan Drilling) ultimately becoming the Operations Manager of Artisan Drilling in 1998 upon its acquisition by Ensign Resource Services Group Inc. In 1999, Mr. Whitmarsh formed his own drilling consulting company, Summit Oilfield Consulting, Ltd., specializing in drilling high profile horizontal, vertical and coal bed methane wells in Western Canada in areas with diversified technical problems and environmental issues. Mr. Whitmarsh has been employed with Trinidad Drilling since July 2000, initially as a Field Supervisor then as General Manager in April of 2001 and ultimately as President in November of 2002.

Guardian also announces the resignation of Mr. David Mallory as Chief Financial Officer and director for health-related family reasons. Mr. Mallory has been instrumental in the development Guardian's business throughout the last year and will be missed by the board and management of Guardian. The board would like to thank Mr. Mallory for his significant contributions. Guardian is currently in negotiations with experienced individuals to replace Mr. Mallory in the Chief Financial Officer role of Guardian. For the short term, Mr. Kowal will assume the role of Chief Financial Officer until a replacement has been engaged.

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